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She co-authored the book The Low FODMAP Diet Step by Step with FODMAP Everyday s co-founder, D d Wilson. Diet vs. Disease This website is run by dietitian Joe Leech, who has a Masters in Nutrition and Dietetics and his team includes Monash trained dietitians as well.

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Sue Shepherd, PhD, is coauthor of The Complete Low-FODMAP Diet and author of The Low-FODMAP Diet Cookbook. She is the director of Shepherd Works, Australia s premier private dietetic practice specializing in dietary conditions.

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